

Wellness Policy For

Sonora Independent School District

Nutrition Standards for All food Available on School Campus during the Day

Elementary School/Middle School: FMNV foods and carbonated beverages may not be sold or given away on school premises by the school, school or non-school organizations, teachers, parents, or any other person or group during the school day.

- Organizations shall only use non-food items or foods designed for delivery and consumption after school hours as fund-raisers.
- Competitive foods are restricted until the end of the last scheduled class for the day-Elementary School. and High
- Competitive foods are restricted during the meal periods-Middle Schools. High schools may not serve or provide access to Competitive foods during meal periods in areas where reimbursable meals are served and/or consumed.
- Healthy snacks that comply with the fat and sugar limits of the Public School Nutrition Policy are permitted as morning or afternoon snacks but may not be at the same time as the regular meal periods for the classroom. The snacks may be provided by the Cafeteria, teacher, parents or other groups and should be at no cost to students.
- Parents or grandparents of the student may bring any food product to their child as well as to children in their classroom for the child's birthday after meal periods. (Elementary, Middle School and High School).
- Student may bring food of Minimal Nutritional Value, but they are not able to share or give away to another student(s) or class.
- Parties: Elementary and Middle School: (3) Parties are allowed where FMNV are permitted, they are: Christmas, Valentine's Day and Easter. Parties cannot take place during the meal Time. They should be schedule after Lunch.